

## What's in season - November



From blueberries to zucchini, find out which fruit and vegetables are at their very best and cheapest in November:

### **Fruit**

Bananas

Blueberries

Carambola/starfruit

Cherries

Grapefruit

Honeydew melons

Lychees

Mangoes

Rockmelon/cantaloupe

Watermelon

Oranges

Red papaya

Passionfruit

Pineapple

Strawberries

## **Vegetables**

Artichokes

Asparagus

Chinese greens

Gai lan (Chinese broccoli)

Green beans

Cucumber

Chillies

Hass avocados

Lettuce

Spring onions/green shallots

Peas

Potatoes

Silverbeet

Snow peas

Spinach

Sugar snap peas

Sweet corn

Zucchini